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POST-DEPLOYMENT Health Assessment

Authority: 10 U.S.C. 136 Chapter 55. 1074f, 3013, 5013, 8013 and E.O. 9397

Principal Purpose: To assess your state of health after deployment outside the United States in support of military operations and to assist military healthcare providers in identifying and providing present and future medical care to you.

Routine Use: To other Federal and State agencies and civilian healthcare providers, as necessary, in order to provide necessary medical care and treatment.

Disclosure: (Military personnel and DoD civilian Employees Only) Voluntary. If not provided, healthcare WILL BE furnished, but comprehensive care may not be possible.

INSTRUCTIONS: Please read each question completely and carefully before marking your selections. Provide a response for each question. If you do not understand a question, ask the administrator.

Demographics

Last Name

First Name

MI

Name of Your Unit or Ship during this Deployment

Gender

- Male
- Female

Service Branch

- Air Force
- Army
- Coast Guard
- Marine Corps
- Navy
- Other

Component

- Active Duty
- National Guard
- Reserves
- Civilian Government Employee

Location of Operation

- Europe
- SW Asia
- SE Asia
- Asia (Other)
- Australia
- Africa
- Central America
- Unknown
- South America
- North America
- Other _____

To what areas were you mainly deployed:
(mark all that apply - list where/date arrived)

- Kuwait _____
- Qatar _____
- Afghanistan _____
- Bosnia _____
- On a ship _____

- Iraq _____
- Turkey _____
- Uzbekistan _____
- Kosovo _____
- CONUS _____
- Other _____

Name of Operation:

Occupational specialty during this deployment
(MOS, NEC or AFSC)

Combat specialty: _____

Today's Date (dd/mm/yyyy)

Social Security Number

DOB (dd/mm/yyyy)

Date of arrival in theater (dd/mm/yyyy)

Date of departure from theater (dd/mm/yyyy)

Pay Grade

- E1
- E2
- E3
- E4
- E5
- E6
- E7
- E8
- E9
- O01
- O02
- O03
- O04
- O05
- O06
- O07
- O08
- O09
- O10
- W1
- W2
- W3
- W4
- W5
- Other

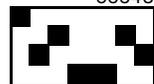
Administrator Use Only

Indicate the status of each of the following:

Yes No N/A

- | | | | |
|-----------------------|-----------------------|-----------------------|------------------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Medical threat debriefing completed |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Medical information sheet distributed |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Post Deployment serum specimen collected |

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Please answer all questions in relation to THIS deployment

1. Did your health change during this deployment?

- Health stayed about the same or got better
- Health got worse

2. How many times were you seen in sick call during this deployment?

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No. of times

3. Did you have to spend one or more nights in a hospital as a patient during this deployment?

- No
- Yes, reason/dates: _____

4. Did you receive any vaccinations just before or during this deployment?

- Smallpox (leaves a scar on the arm)
- Anthrax
- Botulism
- Typhoid
- Meningococcal
- Other, list: _____
- Don't know
- None

5. Did you take any of the following medications during this deployment?

- (mark all that apply)*
- PB (pyridostigmine bromide) nerve agent pill
 - Mark-1 antidote kit
 - Anti-malaria pills
 - Pills to stay awake, such as dexedrine
 - Other, please list _____
 - Don't know

6. Do you have any of these symptoms now or did you develop them anytime during this deployment?

No	Yes During	Yes Now		No	Yes During	Yes Now	
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Chronic cough	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Chest pain or pressure
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Runny nose	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Dizziness, fainting, light headedness
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Fever	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Difficulty breathing
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Weakness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Still feeling tired after sleeping
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Headaches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Difficulty remembering
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Swollen, stiff or painful joints	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Diarrhea
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Back pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Frequent indigestion
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Muscle aches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Vomiting
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Numbness or tingling in hands or feet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Ringling of the ears
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Skin diseases or rashes				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Redness of eyes with tearing				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Dimming of vision, like the lights were going out				

7. Did you see anyone wounded, killed or dead during this deployment?

(mark all that apply)

- No
- Yes - coalition
- Yes - enemy
- Yes - civilian

10. Are you currently interested in receiving help for a stress, emotional, alcohol or family problem?

- No
- Yes

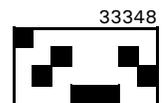
8. Were you engaged in direct combat where you discharged your weapon?

- No
- Yes (land sea air)

11. Over the LAST 2 WEEKS, how often have you been bothered by any of the following problems?

None	Some	A Lot	
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Little interest or pleasure in doing things
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Feeling down, depressed, or hopeless
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Thoughts that you would be better off dead or hurting yourself in some way

- No
- Yes



12. Have you ever had any experience that was so frightening, horrible, or upsetting that, IN THE PAST MONTH, you

- | <u>No</u> | <u>Yes</u> | |
|-----------------------|-----------------------|-----------------------------------------------------------------------------------------------------|
| <input type="radio"/> | <input type="radio"/> | Have had any nightmares about it or thought about it when you did not want to? |
| <input type="radio"/> | <input type="radio"/> | Tried hard not to think about it or went out of your way to avoid situations that remind you of it? |
| <input type="radio"/> | <input type="radio"/> | Were constantly on guard, watchful, or easily startled? |
| <input type="radio"/> | <input type="radio"/> | Felt numb or detached from others, activities, or your surroundings? |

13. Are you having thoughts or concerns that ...

- | <u>No</u> | <u>Yes</u> | <u>Unsure</u> | |
|-----------------------|-----------------------|-----------------------|------------------------------------------------------------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | You may have serious conflicts with your spouse, family members, or close friends? |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | You might hurt or lose control with someone? |

14. While you were deployed, were you exposed to:
(mark all that apply)

- | <u>No</u> | <u>Sometimes</u> | <u>Often</u> | |
|-----------------------|-----------------------|-----------------------|----------------------------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | DEET insect repellent applied to skin |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Pesticide-treated uniforms |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Environmental pesticides (like area fogging) |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Flea or tick collars |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Pesticide strips |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Smoke from oil fire |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Smoke from burning trash or feces |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Vehicle or truck exhaust fumes |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Tent heater smoke |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | JP8 or other fuels |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Fog oils (smoke screen) |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Solvents |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Paints |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Ionizing radiation |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Radar/microwaves |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Lasers |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Loud noises |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Excessive vibration |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Industrial pollution |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Sand/dust |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Depleted Uranium (If yes, explain) _____ |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | Other exposures _____ |

15. On how many days did you wear your MOPP over garments?

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No. of days

16. How many times did you put on your gas mask because of alerts and NOT because of exercises?

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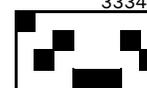
No. of times

17. Were you in or did you enter or closely inspect any destroyed military vehicles?

- No Yes

18. Do you think you were exposed to any chemical, biological, or radiological warfare agents during this deployment?

- No Don't know
 Yes, explain with date and location



Health Care Provider Only

SERVICE MEMBER'S SOCIAL SECURITY #

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Post-Deployment Health Care Provider Review, Interview, and Assessment

Interview

1. Would you say your health in general is: Excellent Very Good Good Fair Poor
2. Do you have any medical or dental problems that developed during this deployment? Yes No
3. Are you currently on a profile or light duty? Yes No
4. During this deployment have you sought, or do you now intend to seek, counseling or care for your mental health? Yes No
5. Do you have concerns about possible exposures or events during this deployment that you feel may affect your health? Yes No
Please list concerns: _____

6. Do you currently have any questions or concerns about your health? Yes No
Please list concerns: _____

Health Assessment

After my interview/exam of the service member and review of this form, there is a need for further evaluation as indicated below. (More than one may be noted for patients with multiple problems. Further documentation of the problem evaluation to be placed in the service member's medical record.)

REFERRAL INDICATED FOR:

- None
- Cardiac
- Combat/Operational Stress Reaction
- Dental
- Dermatologic
- ENT
- Eye
- Family Problems
- Fatigue, Malaise, Multisystem complaint
- Audiology

- GI
- GU
- GYN
- Mental Health
- Neurologic
- Orthopedic
- Pregnancy
- Pulmonary
- Other _____

EXPOSURE CONCERNS (During deployment):

- Environmental
- Occupational
- Combat or mission related
- None

Comments: _____

I certify that this review process has been completed.
Provider's signature and stamp:

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This visit is coded by V70.5 __ 6

Date (dd/mm/yyyy)

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End of Health Review

